

## A Recipe from Bechard Family Farm

[www.bechardfarm.com](http://www.bechardfarm.com)

### Rice Quiche...family sized

created by Teddi Bechard

1 cup uncooked rice (cooks into about 3 cups)  
12-16 oz. cubed ham  
8-10 eggs  
2 cans evaporated milk  
2 cups shredded mozzarella cheese

Grease 15x10-inch pan. Cook rice according to directions. Mix 2 egg whites into cooked rice. Spread in pan. Bake 5 minutes. Remove from oven and sprinkle ham on crust. Mix and pour remaining ingredients over ham and crust. Bake at 350F for 45-60 minutes (until toothpick comes out clear).

This recipe feeds 10 of us. It is easy to add more ham and more eggs to feed a couple more people. Sometimes, we will cook up 2 pans of this and save one for a quick "grab & go" breakfast. This recipe can easily be halved and baked in a 13x9-inch pan for a smaller family.